English Food.

People think that English food is bad, but it is not always right. The English like vegetables and potatoes. They also eat a lot of meat. If you don’t like traditional English food, you can go to one of numerous restaurants. These restaurants cook food of different countries of the world. You can have an English breakfast, a French lunch and Italian dinner in one day.

The tea, of course, is one of the most famous things about England. Tea in this country is always very good and pleasant. There is a tradition to have tea at about five o’clock every day. The English usually drink their tea with some milk in it. You can have some biscuits or a lovely cake with your tea. And you usually talk about different things over a cup of tea with your family or friends.

 **The United Kingdom of Great Britain and Northern Ireland**

 There are three countries in Great Britain: England, Scotland and Wales. Its full name is the United Kingdom of Great Britain and Northern Ireland (The UK. The UK is in Europe. The area of the UK is 244,880 square kilometers. The population of the UK is approximately 60$^{1}/\_{2}$ million There are four main nationalities: English, Scots, Welesh and Irish. The capital of UK and England is London; the capital of Scotland is Edinburg; the capital of Wales is Cardiff and the capital of Northern Ireland is Belfast.

 To the north and East of the UK is the North Sea. To the west and south is the Atlantic Ocean. The most famous river is the Thames in London, but it is nor the longest. The river Severn is 354 kilometres long. The two highest mountains are Ben Nevis in Scotland and Snowdon in Wales.

Sport

 Sport is very important part of our life. Sport makes people healthy, keeps them fit. Some people go in for sports for their health and some for professional aims.

 There are many stadiums, sports grounds, swimming pools, football fields in each town.

 In every school pupils spend much time going in for sports. First of all they have their physical training lessons. And when school is over they may train in different srorts clubs and sections.

 Professional sport is also paid much attention to in our country. Every year there are a lot of sports competition, sports days and Olympiads. Once in four years the Olympic Games take place in different countries.

 There are Summer and Winter Olympic Games. This is a great sports competition of best sportsmen in the world.

 English customs

 People who come to Britain for the first time find some of the customs new and interesting. The English don’t shake hands each time when they meet. When you go to a friend’s house for a meal, it is not the custom to say “Thank you” At the end of the meal.

 Very few people have servants in their homes. It is very difficult to find a good servant. They want too much money for their job. So families do most of the housework themselves, and husbands usually work as much, as wives. They wash the dishes, tidy up the rooms, go to the market and look after the children. In English homes the traditional fire-place has always been in the centre of interest in the room. For many months of the year people like to sit round the fire in the evening.

 The president’s cup of Uzbekistan.

 Tennis is one of the great international sports. But until a few years ago tennis was not popular in Uzbekistan. Now it is one of the most popular sports in the country. Many towns and villages in Uzbekistan have beautiful new tennis courts and thousands of people enjoy playing tennis. The game became popular because of the President’s Cup.

 The President’s Cup Tennis tournaments is the biggest tennis tournament in Uzbekistan and one of the most famous tournament in the world. It takes place every year in Tashkent. The best international tennis players take part in the President’s Cup. You can watch the President’s Cup on TV in Uzbekistan and in more than 100 countries around the world. The president of ceremony. At the end, in the closing ceremony, he congratulates the players and presidents prizes to the winners.